

## **Sothall and Beighton Medical Centre**

### **Patient Participation Group**

Minutes of Meeting Friday 28<sup>th</sup> September 2012 at Beighton Health Centre.

Attendance: Dr Williams, Jackie Ashton,  
Tracey H [receptionist] ...+ 11 patients ( Including Sharon Jewkes Health Champion + Catherin Taylor  
Sharon's Manager

#### **Minutes of Last meeting were reviewed:** matter arising were:

- Phone system – has now been updated
- 0845 number – has now been changed to a local number for both Beighton & Sothall surgeries
- Privacy issues at the desk – floor marking for Privacy Line suggested by PPG member – Dr Williams & Jackie to take that to the business meeting.
- Triage system: Dr Williams advised benefits of using the Triage system.
- Extended hours – will still be at Sothall .The early mornings 7.30 to 8.30 am will continue on Monday, Wednesday Thursday & Friday, Late night – 6.30 – 8.00 pm Tuesday. Although the early and late appointments are at Sothall medical centre, they are available to all patients.
- 

#### **Beighton Health Centre Update**

- Dr Williams gave a guided tour of the Beighton Health Centre - Everyone very impressed with the refurbishment.
- Date for Pharmacy moving in – Jackie advised not too sure of a moving in date.
- Moving in event – Dr Williams offered his apologies for this not happening – Jackie advised the PCT was supposed to be organising this event – Not received any communication relating to this event.

#### **New Registrar & F2**

- New Registrar Dr Kung'u – Will be with us forth the next year
- New F2 Dr Wilkinson will be with us for 2 further months.
- Possibly creating more appointments

#### **Triage**

- Dr Williams advised the PPG to use the triage service and encourage other to make the most of this also.

#### **Healthchampion**

Sharon Jewkes (Health Champion) & Catheryn Taylor (Project Manager Sheffield City Forum)

- Sheffield City Council to employ 4 Health Champions
- Sharon is the Health Champion for Beighton and only has funding until March 2013
- Physical activity for 10 weeks Free of charge – Sharon also happy to receive emails
- Swimming @ Eckington swimming pool – swimming for health – Sectioned off for swimming lessons.
- After 10 weeks looking for other options – IE Healthy walking groups
- Sharon advised - Goals can be set – (Help &Support)
- Transport can be provided.
- Main Aim – Once the end of the funding is to continue with the activities
- Leaflets for waiting room - Possibly look at adding a link / Sharon's email address on to our web site.
- Health Trainers – Dr Williams Advised Help manage pain better – funding until possibly next April.

## **Nurses**

Sister Laraine Shaw – gave an overview of the back ground to the 3 Nurses

- Expertise in a lot of areas –Chronic Disease management/ Smears /injections/Dressings/COPD/ INR star/ Spirometry/ Diabetes/Hypertension/Smoking Cessation
- Smoking Cessation – We have been very successful - with in the top 3 centres for stop smoking.
- Sister Diane Rodgers Trained in Minor Illnesses – including children over the age of 2 - EG- Coughs/Colds/ Sore/Sticky eyes /Headaches/dizziness/Ear Problems/Rashes/skin Problems/Muscular Pain/Urinary Problems/Diarrhoea/Vomiting- Triage Dr would check if anything could be booked with nurses.
- Dr Williams asked the group to disseminate to friends and colleagues about the minor illness sessions.
- The group asked if patients can be seen by a nurse for medication review – Dr Williams explained this wouldn't be ideal due to different training of doctors as opposed to nurses– could sometimes be dealt with by having blood test and then medication review over the phone – for ongoing problems.

## **Dr Welch Chairing the PPG**

- Dr Williams advised Dr Welch will still have some involvement in the PPG - The group would like to offer many thanks to Dr Welch for chairing the meetings over the last few years.

## **Any Other Issues**

- Privacy when waiting at reception – Group suggested a privacy line on the floor/to go somewhere private to speak - Dr Williams & Jackie to take this to the business meeting.
- Group members were asked how the practice may be involved in more community events. Also whether anyone had any links with local charities or organisations who might want to form stronger links with the health centre.

## **Next Meeting Due**

14 December 2012 1pm @ Sothall Medical Centre